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ACROSS

1 Every last bit

4 Marine of old TV

8 Instances of word-play

12 Shelter

13 Picnic spoiler

14 On

15 TSA checks

17 Eastern princess

18 Poorly lit

19 Action-movie sound

21 Boutique, perhaps

24 Quite some time

25 In what way?

26 Bill

28 Mario-nette parts

32 "— It Romantic?"

34 Mojito ingredient

36 Green stroke

37 Man of morals?

39 America's uncle

41 Chesa-peake, e.g.

42 Actor Stephen

44 Tease

46 Bring charges against

50 Long —

51 Back

52 Square dances

56 Approx-imately

57 Mark replacement

58 Zero

59 Loch — Monster

60 Sketch

61 Agent

DOWN

1 Matter-horn, e.g.

2 Place to graze

3 Disap-point-ments

4 Immedi-ate

5 Deviate off course

6 "The View" alumna

7 Follow

8 Carrot cousin

9 Hexag-onal state

10 Admoni-tion to

11 Skewer

16 Party bowlful

20 Present

21 Actor LaBoeuf

22 Stockings

23 Listener

27 Clear the tables

29 Massages

30 List-end-ing abbr.

31 Eyelid woe

33 Bullring VIPs

35 Fellow

38 Shooter ammo

40 Jamie-Lynn's "Sopra-nos" role

43 Was sore

45 Id coun-terpart

46 Press

47 Simple

48 Go by

49 Session with a shrink

53 Historic period

54 Pinch

55 Crafty

Solution time: 25 mins.

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Yesterday's answer 2-17

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2-17 CRYPTOQUIP

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J U G B Q A U G Q F R A A Z W J M B W D

Y B F Z H J I K G Z J ?

Yesterday's Cryptoquip: PERSON AT AN ALFRESCO BARBECUE WHO'S ON THE WATCH FOR ANY PARTY CRASHERS: THE COOKOUT LOOKOUT.

Today's Cryptoquip Clue: A equals G

Logan's Run

By Erin Logan



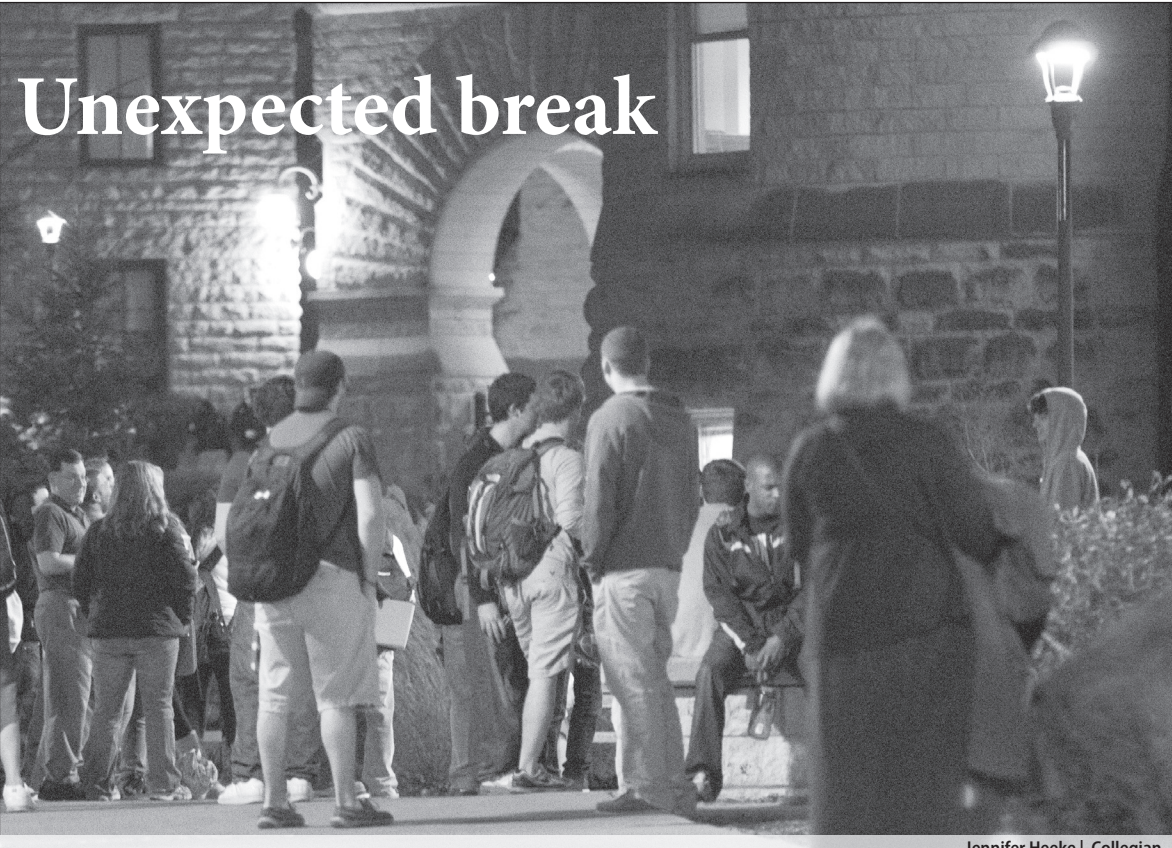
KenKen | Medium

Use numbers 1-4 in each row and column without repeating. The numbers in each outlined area must combine to produce the target number in each area using the mathematical operation indicated.

2*		36*	
1-			3+
		2/	
2	12*		

1-	3-		3+
	6*		
3+		9*	4
2/			

Unexpected break



Jennifer Heeke | Collegian

Students stand outside of Hale Library on Wednesday night after the fire alarm was set off from smoke. Students were not allowed to re-enter the building for an hour after.

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Sponsored by Collegiate Cattle Women & Sigma Alpha

SATURDAY FEBRUARY 19TH @ 1:00

Elementary Students free with flyer and donation of 2 can goods

SATURDAY FEBRUARY 19TH @ 6:45

"Miss Rodeo K-State Coronation"
7:30 Evening Rodeo Performance

SUNDAY FEBRUARY 20TH @ 1:00


K-State Rodeo Final Performance
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LEAN MEAT



Above: K-State head coach **Deb Patterson** cheers on her team during the second half of K-State's matchup against Colorado.

Right: K-State sophomore guard **Mariah White** (22) drives into the lane as Colorado senior forward **Brittany Spears** (22) guards during the first half of their matchup in Bramlage Coliseum on Feb. 16.

Wildcats sink teeth into Buffaloes, win 78-51

Chris Wallace
Staff Writer

For the second consecutive game at Bramlage Coliseum, K-State fans got to witness a blowout, as the women's basketball team dominated the visiting Colorado Buffaloes 78-51.

"This win tonight was one that we definitely needed," said junior forward Jalana Childs. "Our goal is the post season. These wins against these teams are very significant to us. We need to go into the basket with that mentality. We are all hungry, and we have to stay like that for the course of the season because it is going to get harder when we get to the Big 12 Tournament."

The start of the game was fairly painful to watch for Wildcat fans. At the first media timeout with 15:41 left in the first half, Colorado was clinging to a 5-3 lead. Looking at the stat sheet, only one stat explained how they had that lead. K-State was 1 of 8 from the field, while Colorado was 1 of 4 with three free throws. K-State forced three turnovers and seemed to be getting open looks while limiting Colorado's chances. The shots simply were not falling for the Wildcats.

After the teams exchanged the lead a few times, K-State began to tighten things up on the defensive end to create some easy opportunities on offense. Patterson seemed to dig deep into her bench throughout the half in order to keep as many fresh and ready players on the floor as possible.

K-State went on a blistering

7-0 run in the span of about three minutes, but Colorado was able to creep back into the contest, responding to the Wildcats' streak with their own 8-1 run that gave them a 23-22 advantage with 5:15 remaining.

But by the end of the half, that lead seemed like a distant memory. K-State closed out the half with a 20-4 run to ice the game away and set the pace for the remainder of the game. The run featured a little bit of everything, from layups, fast-break buckets, 3-pointers, and to cap it all off, a buzzer beating 3-pointer from none other than Childs. It was Childs' second 3-pointer of the season.

Childs led the Wildcats in scoring with 14 points through the first half. Junior forward Alina Voronenko came off the bench and made three 3-pointers for the Wildcats during the half. Sophomore guard Brittany Chambers added eight points and sophomore guard Taelor Karr added six points.

"They (K-State) made a great run at the end of the first half and continued into the second half," said Colorado head coach Linda Lappe. "They shot the ball lights-out. After the first 16 minutes, we just could not stay with them."

The second half started with a

quick basket from Colorado, but the Wildcats would once again climb back into the driver's seat with a 6-0 run to build a 19-point lead, 48-29. The Wildcats were able to get every single player into the game during the second half, and almost every player scored during the game.

Karr scored 13 of her game-high 19 points in the second half. Karr was lights-out from three, shooting an impressive 5 of 7. She said the confidence in her shot was what was key for her in the game.

"I felt like the last couple of games I kind of let my team down," Karr said. "Not knocking down shots, not really showing up for them, and my coaches give me the green light to shoot them, and my teammates have confidence in me and so it feels good to actually knock some down for them when they set me up and give me good looks."

In addition to Karr's strong performance, the Wildcats got strong games from their usual top players, sophomore guard Brittany Chambers as well as Childs. Chambers had a fairly full stat sheet, scoring 10 points, grabbing six rebounds, and dishing out four assists. Childs was once again strong in the post, scoring 18 points.

Perhaps the critical player on the

night was sophomore guard Mariah White. All season long, White has been a catalyst for the Wildcats. When she is having a solid game, the team is usually lighting up opposing teams. Entering the contest, White was leading the team in assists and steals. Last night's game only added to her totals as she grabbed game-highs in both categories with 5 assists and 4 steals.

As most might remember, this is the last time that K-State will face Colorado in Bramlage Coliseum as members of the Big 12 Conference. Following this season, the Buffaloes will be moving into the Pac-12 conference.

"It's obviously bittersweet to see programs like Colorado and Nebraska for the last time," said head coach Deb Patterson. "They're also programs with great tradition and old Big 8 programs."

Later, Patterson added, "They will be missed."

The next game for the Wildcats is an away game against Nebraska. Tipoff is scheduled for 7:05 p.m.

Game Statistics

Team Leaders:
Most Points: **Taelor Karr, 19**
Most Rebounds: **Maria White, 7**

Overall stats:
3-point shooting: (8-14) 58.3%
Field goals: (14-30) 47.5%
Free throws: (8-9) 88.9%

Beating Kansas always historic



While some scoff at the notion of labeling a regular-season win as "historic," the Jayhawks had defeated the Wildcats in 42 of the last 44 meetings between the teams, before Monday night. Simply put, beating KU is a big deal for K-State. That game, no matter what else happens, will be a highlight of the season. The challenge now is to keep it from being the only highlight of the season.

A little over a year ago, the Wildcats slew then-No. 1 Texas on a Monday night but then as senior guard Jacob Pullen pointed out at the KU post-game press conference the team turned around and lost to unranked Oklahoma State 73-69 at home on Saturday.

History repeated itself on Monday night when the 'Cats defeated the Jayhawks 84-68. What are the keys to making sure it doesn't do likewise on Saturday when the 'Cats take on Oklahoma?

1. Watch last year's game against Oklahoma State.

Remember how quickly the incredible high from beating Texas turned into a home loss to a team everyone thought the Wildcats would beat easily.

Moving on from losses can sometimes be easier than moving on from wins, and understandably so. When a team loses, it leaves a bad taste, and all the players want to do is take full advantage of this chance to erase those mistakes and use frustration as fuel to punish the next opponent.

After a win - especially such a momentous one as the Wildcats pulled off against the Jayhawks - people are less likely to want to forget. Beating a high-ranked rival in front of the home crowd after a tumultuous stretch in the season is a harder experience to let go and put out of mind.

2. Watch the KU game.

The Wildcats finally have an example of what they can do and who they can do it to when they play to their potential. As Andy Katz of ESPN tweeted during Monday night's game, this is the team people were expecting to see when they ranked K-State No. 3 in the nation. The idea of reliving that awesome experience isn't to pump up the ego but rather to implement the teaching concept of positive reinforcement: You did what we asked you to do, as well as you possibly could, and look how well it turned out.

3. Stay confident.

KU has the best recruits in the nation, an outstanding coach and - quite frankly - usually has breaks on the court and off the court that work in its favor because of the program's reputation. With that in mind, the Wildcats did not just beat the Jayhawks; they broke them down. They held them in check. In all aspects of the game, K-State outplayed its storied rival. If that doesn't get you thinking you've got a chance in any game you'll ever play, I don't know what will.

K-State has the ability to compete on a national level, and on Monday the team showed it also has the necessary heart. Whether strengthened by the renewed "chip on the shoulder" approach or the desire to get their seniors one last win over KU in Bramlage, the Wildcats proved they will fight through whatever obstacles come their way.

They've dealt with NCAA violations, player departures and more, but now K-State has to make sure this big win doesn't become an obstacle. With so few games remaining on the schedule, the Wildcats can't afford lapses in effort or focus.

The Wildcats' senior guard knows this.

"For us, we've just got to have the same energy every night," Pullen said. "If we have letdowns, it could be the end of our season. It can mean that we're going to play in a different tournament than we want to play in."

Barring a blatant snub of the NIT, it's hard to explain it more clearly than that.

Ashley Dunkak is a sophomore in journalism and Spanish. Please send comments to sports@spub.ksu.edu

Wildcats have big talent, expectations for season

Sean Fyre
staff writer

As hard as it is to believe, baseball season is finally here. On Friday, Feb. 18, the Wildcats will take their talents to Stockton, Calif., to take on the Pacific Tigers in a three-game series to start their season. The Wildcats are coming off consecutive NCAA Regional berths, and with reigning Big 12 player of the year Nick Martini returning, expectations for the program are higher than ever.

"Hopefully we handle the excitement well as a team and as a coaching staff," said head coach Brad Hill. "We focus on that in our everyday preparations. We don't want to be satisfied with where we are at now, and we want to continue to get better."

Friday will mark the beginning of what is expected to be a successful yet challenging season. Following the three-game series with Pacific, the team will travel to South Carolina to participate in the "Caravelle Resort's Baseball at the Beach" tournament.

Then, on March 4, the team will begin a 9-game home stretch with games against Western Illinois, Long Island, and Nebraska. The single game with Nebraska will not count towards the team's conference schedule.

Then the team takes up the gauntlet that is the Big 12 season as they head to the Lone Star State for two three-



Left fielder **Matt Giller**, from Manhattan, slides safely into second base. Giller hit .282 in 2010 with eight doubles, two home runs and was also 6 for 9 in stolen base attempts

game series with Texas and Baylor, two teams expected to make noise for a conference title. Despite the long and difficult schedule the Wildcats face, the team is focused on one thing: getting the season off on the right foot.

"It's the first games and the first couple of weekends that will kind of set the tone and establish some roles," Hill said. "The team will get to know each other, so those first weekends are crucial."

The squad is stacked from

top to bottom with talent, but the head of the pack is undoubtedly junior outfielder Martini. An All-American and reigning Big 12 player of the year who had a .416 batting average in 2010, he will be expected to play well for the Wildcats.

"He's one of the most mature and competitive kids I've coached," Hill said. "He's a fierce competitor, and I know he'll take care of business."

Another player to keep an eye on will be junior infielder

Jason King. While he missed the 2010 season due to injury, his 2009 numbers were among the best in the Big 12, and his return is expected to complement Martini.

"He's such a physical presence in our lineup and a switch hitter," Hill said. "He's been in there playing in big games for us and has had big hits for us in our program, so we expect more of the same this season."

One challenge that the Wildcats will have to overcome this season is the snow

that kept them indoors until this past Monday. The Tigers have had much more practice time outside due to the weather in California, so the Wildcats will have to make a quick adjustment.

"The all-around game of the team is coming together," Martini said. "Now that we are outside, we are starting to come together."

Despite all the hype and distractions that have bombarded this team, whether it be the preseason rankings or the snow that kept them indoors, the attitude remains positive throughout the team as the season inches closer.

"Everybody is really excited to get the season started," said sophomore infielder Tanner Witt. "Practices are getting really repetitive, so getting the games started will be a nice change."

Expectations and pressure are seemingly the keywords when it comes to the baseball team in 2011. The team is on the rise and wants to establish itself as a contender in the Big 12. The players want to make it past the NCAA regional round and make a run toward the College World Series in Omaha, Neb., at the end of the season. For now though, it is simply one day and one game at a time for the squad.

"We have the people to be successful," Witt said. "We have a lot of older guys; a lot of leaders. So this year will be pretty good, and I can see it being very fun for all of us."

iDIFFERENT

iPads offer similar functions as laptops

Sandi Lam
staff writer

Accessibility at one's fingertips: That luxury is what devices like laptops, cell phones, iPods, Kindles and others are for. More and more devices that perform similar functions are showing up on the market, presenting consumers with multiple options for which product to purchase. The usefulness of laptops has been recognized for years, and they are on their way to becoming as widely used as cell phones. Portable access to the Internet is no longer a feature limited to laptops; it has been extended to a variety of devices due to WiFi and other networks alike.

The iPad, however, challenges the laptop because it performs similar functions. When customers have to decide which item to purchase, they must determine what is most important in a device and what is most adaptable to their lifestyle.

The features of the iPad, according to the official Apple website, includes the 9.7 inch high-resolution screen. Numerous applications have been specifically designed for the product like Maps, Notes, iBooks, Keynote, Numbers and Pages. The Keynote, Numbers and Pages applications allow the user to create charts, documents and presentations directly on the iPad. The device's thinness sets it apart from a laptop. It can be slipped into a bag easily; the screen is wide and, despite its small size, still clear enough to be productive.

However, the uses of the laptop and iPad might differ. An employee at the K-State Student Union Computer Store, who wished to remain anonymous, compared the two.

"iPads are great for e-mail, web browsing, spreadsheets and presentations but they cannot entirely replace laptops," Doe said.

Doe said a downfall of the iPad is its inability to run high-end programs like Photoshop. A benefit, however, is that using the device creates a more intimate experience, he said.

"When reading on the Web, the easily accessible zoom feature is one thing that makes the experience different from a laptop," Doe said.

Doe said the device is easy to understand and equated the user-friendly experience of the iPad to the simplicity of the iPod.

Justin Graves, freshman in animal science and industry, also said the iPad is user-friendly.

He said his grandma had a laptop but is now prefers the iPad.

"Instead of opening files, she can flip from page to page with easier access, especially since she travels a lot," Graves said. "It makes more sense for older people to use it since it is application-based and easier to understand for people who weren't raised using computers."

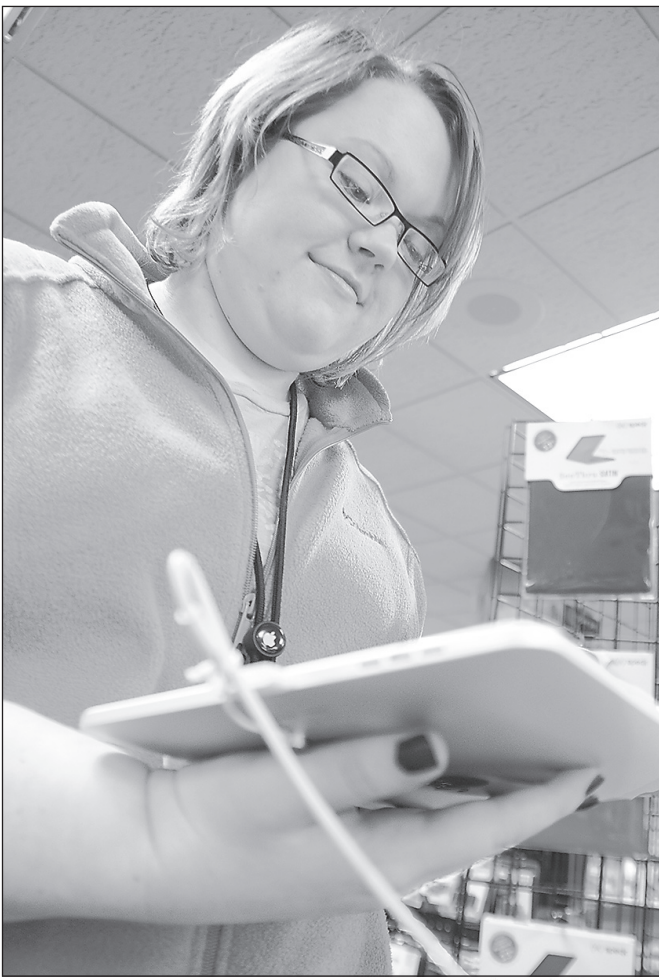
While the iPad has many worthy attributes, Chase Moore, junior in open option said the device could not entirely replace a laptop.

"The iPad is great for when you are on-the-go or want to check something," said Moore, who works with computers on campus. He said laptops have advantages iPads do not offer, like USB ports.

He said the iPad allows you to open a document but will not allow you to save it. This makes it hard to edit a paper or a spreadsheet.

Like any piece of new technology, the iPad has its pros and cons. It features some of the same programs and services as a classic laptop does, but might not be capable of playing the same role. The abilities of a laptop might be more beneficial for students than the iPad.

"A laptop wins hands-down, every time," Moore said.



Photos by Jennifer Heeke | Collegian

Top: Emily Loe, sophomore in interior design, plays with an iPad at the K-State Student Union Computer Store on Wednesday.
Bottom: Students can buy the iPad, which is great for Web browsing and games, at the Union Computer Store.

Little Grill brings Jamaican cuisine to life

Little Grill
★★★★☆

Restaurant review by Kelsey Castanon

In a secluded spot off Dyer Road - near Tuttle Creek Reservoir and roughly 15 minutes from Aggieville - stands The Little Grill, a quaint Jamaican restaurant. While it might be the only one of its kind in Manhattan, its service and atmosphere helps bring this Jamaican joint to life.

When first driving up to the restaurant, The Little Grill appears as nothing special. However, when you walk through the door the atmosphere comes alive. With vibrant colors and Jamaican pride décor, the place is quite fascinating, if not inviting. Granted, the looks of the restaurant are by no means 5-star; instead, it is more of a casual setting.

And the food is quite similar in comparison. The menu is only one laminated sheet - front and back - with half the menu dedicated solely to drink specials. But with multiple menu items containing the words, "Jamaican," "Caribbean" and "Jerk" it seems like there is plenty of authenticity to choose from.

For an appetizer, I tried the Yard Style Nachos with Spicy Caribbean Chicken (the chicken is \$2 extra). Requesting the half order of the appetizer knocks \$2 off the price, but there is no way one person, or even two people, could finish a full order and still have room for the main course. The nachos included a huge portion of thick tortilla chips topped with salsa, sour cream, jalapeños, cheese



Matt Castro | Collegian

While it may look like the average bar and grill on the outside, the Little Grill sports a colorful interior that brings a tropical flavor and getaway to residents and guests of landlocked Manhattan.

and chicken. It's definitely a mouthful, to say the least. While for me, eating too many thick, Mexican-style nachos results in a stomach ache, the appetizer is sure to satisfy your hunger and is well worth the money.

For the main course, I decided to go with a Jamaican-type meal and order the Jamaican Jerk Chicken - one of the many courses with "Jamaican Jerk" in front of it - and while it definitely impressed, the meal as a whole fell flat. Topped with some serious "Jerk," the chicken was tender and juicy. How-

ever, with only one small chicken leg and one small breast, it looked like there was more of the side dish on the plate, which was the red beans and rice - a side I would not recommend. With a better side, the meal might be well worth the price at less than \$8.

Between 6 and 7 p.m. on a Saturday, the restaurant quickly filled and nearly all seats were taken. The atmosphere was getting hectic, yet the wait for the meal did not reflect the larger crowd. Not only was the staff friendly, but each waiter was seemingly

attentive to every table of guests. For the service, The Little Grill gets a high rating.

To add to the Jamaican atmosphere, a live reggae performance usually starts around 7 p.m., although the time sometimes varies each night. Since there are four different musicians who alternate each "gig," there is almost always a performance every night. If you aren't quite satisfied with the food, the live performance is sure to cheer you up.

With live performances, real Caribbean meals and a large variety of drinks to choose from, The Little Grill could be a perfect fit. While the taste and atmosphere might not be for everyone, visiting the restaurant is well worth the chance.

10 helpful tips that can help roommate issues



Sara Gudde

before your mid-term exam," usually doesn't go over very well.

5. Nap time is sacred.
Enough said.

6. Be considerate.
Just go with the Golden Rule on this one: Treat others as you wish to be treated. Or even better than you wish to be treated. Kindness goes a long way.

7. Don't loot secret food stashes.
It is a dreadful offense to ransack secret food caches and will most likely result in swift and terrible retribution. Not good for roommate relations.

8. Take initiative.
Every one is busy in college, so although it may be inconvenient, show some initiative every once in a while. Take out the trash, even if it's not your turn. Grab that extra gallon of chocolate. Offer to cook for the house one night to give your roommates a break. Be helpful without being asked.

9. Be respectful.
You have to give respect to get it. So respect your roommate and their privacy, possessions, time and friends. Respecting your roommate also means paying your portion of the rent on time.

10. Have fun.
Good roommates also know how to have fun. College is a good time to make great memories. So live it up, have fun with your roommates, relax and enjoy your time in college.

Sara Gudde is a senior in secondary education. If you have suggestions for a future topic for the Weekly 10 column, e-mail Sara at edge@pub.ksu.edu.

- 1. Clean up after yourself.**
This should be a no-brainer. Nobody wants to live with a slob. Picking up after yourself takes a lot of stress out of roommate relations.
- 2. Be forgiving.**
Everyone falls short at some point, so be merciful. If you feel like raking your roommate over the coals, pause for a moment. You have probably committed the same offense you are getting ready to berate them for. Let's face it - few people can say they always remember to do the dishes.
- 3. Don't break things that aren't yours.**
Doing so can be expensive and upset the item's owner. So if you are going to break something, break your own things.
- 4. Communication.**
Good communication is essential to every relationship; roommates are no exception. "Oh sorry, I forgot to tell you that I was having 30 people over the night

K-Staters given chance to promote brand, event at various athletic events

Hannah Skidmore
junior staff writer

What are the first few things you notice while watching an NFL game? Is it the 1,000-pound tanks coming at each other for a ball the size of their wrist? The crazy fans?

There is something at every game that every viewer sees but does not always think about. That is because they are on the wrong side of the spectrum. People notice it, people often react to it, but they do so without realizing it. What is "it"?

Gatorade. You see it in every NFL game—and most other sporting events. Marketers have honed their expertise and exposed millions of spectators to their brand. From an emblem on towels to the actual drink, the Gatorade brand is known for its connection with sports.

That is the overall concept of sports marketing, and with the formation of a student organization, K-State marketing students are getting more involved in the world of subtle branding and image creations.

The Sports Marketing Club offers students a chance to partner with sports organizations to

promote their brand or event. The club works alongside teams on campus to gain an interactive experience.

"Our club strives to gain hands-on experience in the sports marketing field by helping the athletic department do promotion for women's basketball and baseball teams and come up with ideas for game theme nights and halftime and timeout shows," said Stephanie Patton, senior in marketing and the club secretary.

The group meets every other week to discuss and plan events and projects.

"We team up with different schools, companies and sports teams to help out with their marketing team to get some hands-on experience, along with helping out most times we get to tour facilities and watch games," said James Dalrymple, senior in marketing and club president. "We also provide our members with useful information about internships, jobs, networking opportunities and much more."

The club is not specific to marketing majors and is open to all. Meetings are held every other Monday at 7 p.m. in the K-State Student Union in Union 204. The next meeting will be held Feb. 21.

BUDDIES | Program helps local, international students bond

Continued from page 1

thinks this could be due to better reach and awareness about the program in the international community. The iBuddies group has paired up 200 exchange students with buddies every semester.

A core of student leaders work on various aspects of the program. Sarah Ubel, sophomore in biology, is one of the leaders.

"I help plan iBuddies events and come up with ideas of how we can get more students involved in our monthly activities," Ubel said.

Ubel's decision to help with the program stemmed from her time studying abroad in Sweden.

"I came back from my time abroad in Sweden and really wanted to get involved with K-State's international students because I learned how difficult it can be to adjust to new cultures without good friends to help and teach you along the way," Ubel said. "I found Caitlyn's e-mail address on K-State's website and emailed her, asking how I could get involved. She sent

me quite a few suggestions, and iBuddies was one of them."

Kelley said there are a few unmatched people that she would like to be paired with another student for demographic reasons.

"Right now we have young undergraduate Americans paired with

so it is easier for them to connect and find common interests.

"My rule of thumb is not more than three years apart," she said.

The program offers several advantages for both local or international students. American students get a taste of an entirely different culture through their international buddies, and the international students adjust to the American culture more easily.

"It helped to practice English and also make friends," said Emilie Guidez, graduate student in chemistry. Guidez is a an international student from France and has four international buddies. When asked how often she meets with her buddies, she said it can vary depending on schedules, but usually at least one time a week.

Guidez said she and her buddies attend a lot of local events and take day trips out of Manhattan.

"We go to K-State events. With one friend I go to Kansas City regularly for shopping," she said. "My first international buddy is my best friend now."

"We go to K-State events. With one friend I go to Kansas City regularly for shopping," she said. "My first international buddy is my best friend now."

Emilie Guidez
Graduate Student,
Chemistry

graduate international students," she said.

Kelly said there is also a problem with the male to female age ratio. The unpaired students are currently freshman and sophomore American women and graduate international student men. Kelley said she likes to match people closer in age

GENRES | Critics can change

Continued from page 1

of the lecture. Machor said that at the beginning of Poe's career his work was viewed by critics as grisly humor, but shifting attitudes changed the critics' minds, classifying him as a gothic writer.

The majority of Machor's speech was focused on writers like Nathaniel Hawthorne, James Fenimore Cooper, Charles Dickens and even Mark Twain.

Uncle Tom's Cabin was even mentioned because it was originally seen as an example of realism, and later critics said it was an idealized version of slavery.

The changes even affected women.

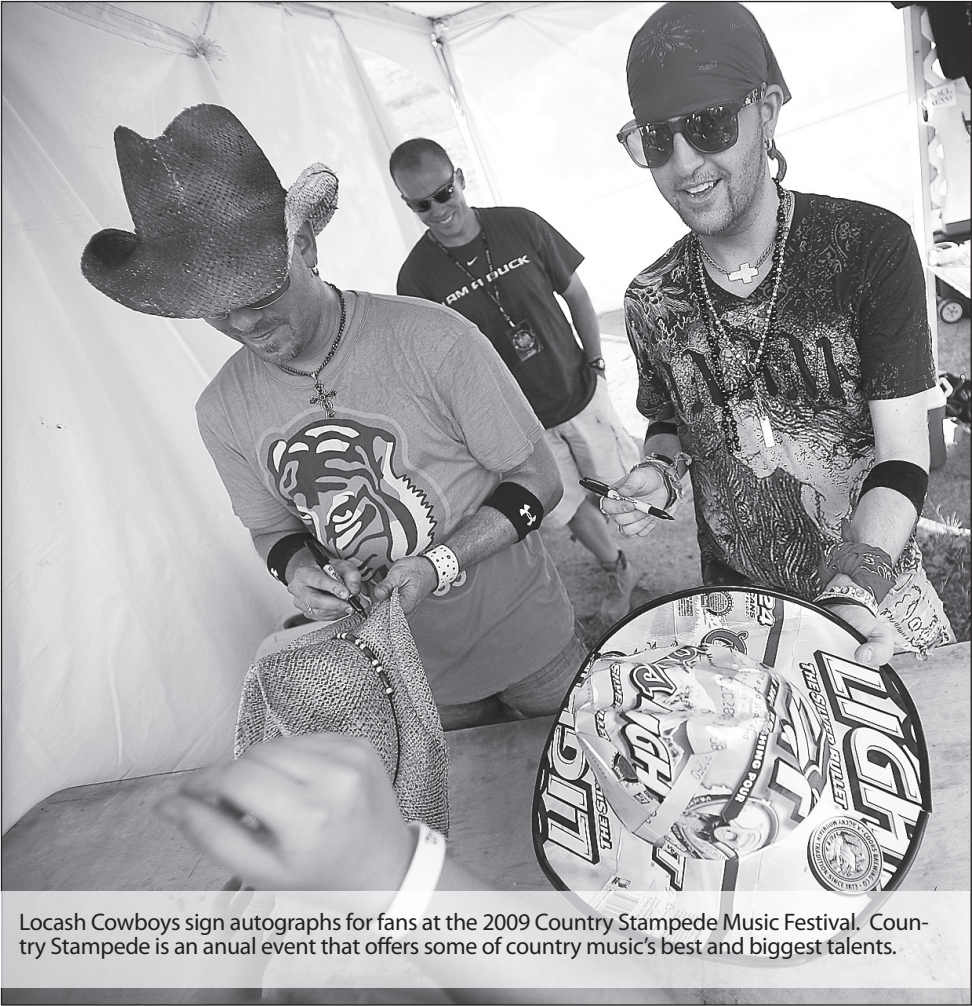
"Many women quit being read," Machor said.

James Sherwood, freshman in creative writing and one of the few students in the room, said he was confused at first by the lecture.

"I was actually looking for a reading of an Irish poet, I came here and thought this was it," Sherwood said. "I thought, 'well this is interesting.'"

The poet will be reciting his poetry on Friday.

Top activities to do as a K-State student

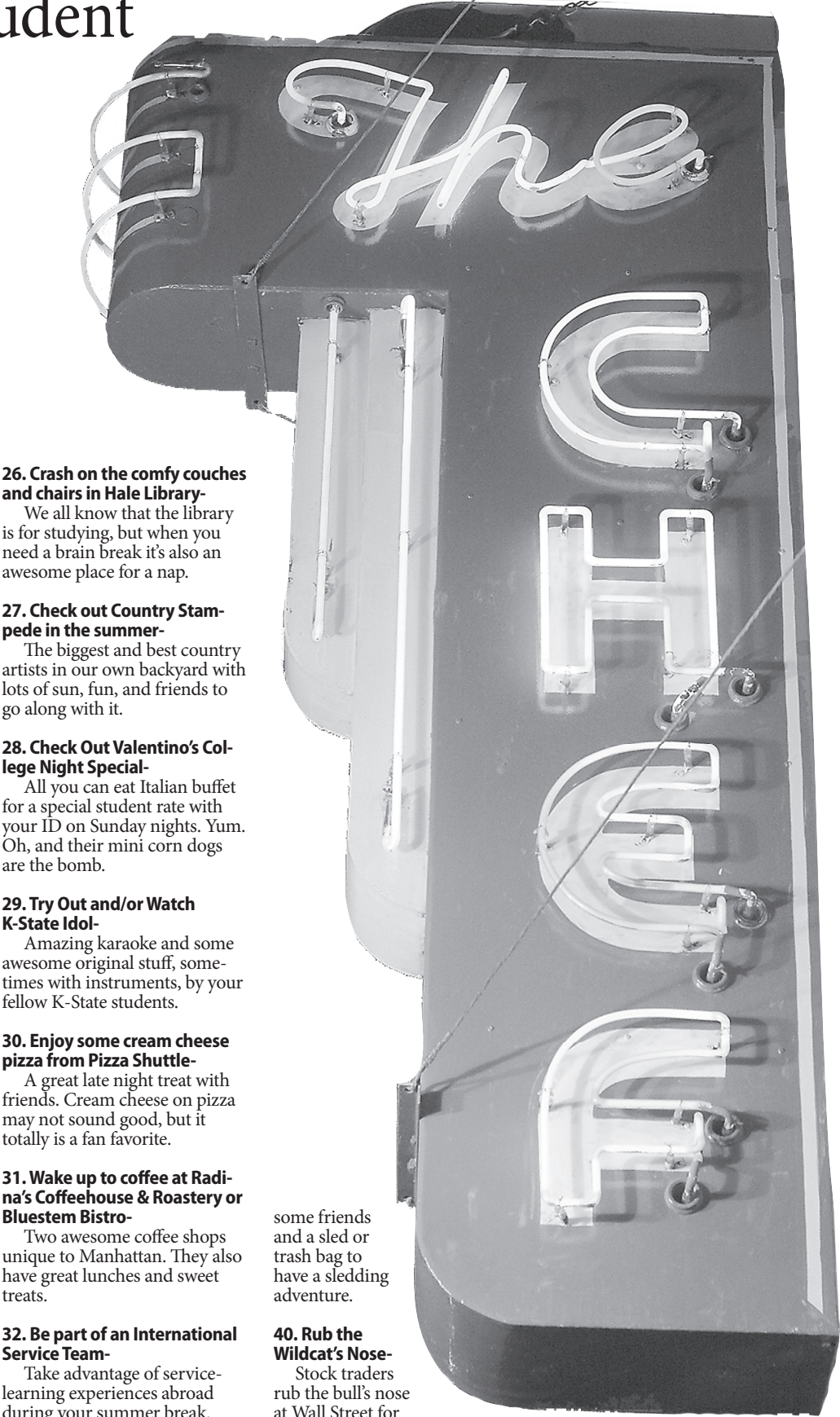


Locash Cowboys sign autographs for fans at the 2009 Country Stampede Music Festival. Country Stampede is an anual event that offers some of country music's best and biggest talents.

- 1. Golf the Par 3 course at Colbert Hills –**
These nine holes are inexpensive with your student discount and a perfect escape from school. Colbert provides a fun and easy course for experienced and totally new golfers. You only need a couple clubs and a couple hours, and it has very pretty scenery.
- 2. Grab a Dara's Slushy Card-**
Purchase your soda and slushies for a mere 50 cents with this great cost saver. The raspberry, Dr. Pepper, and cherry slushies are better than Iced's that we used to beg our parents for as kids at the movie theater.
- 3. Go to a Landon Lecture-**
The best of the best share their knowledge with the students of K-State. Moments that will define your future are made in these lectures.
- 4. Eat at The Chef –**
Few incoming students know about this fun little local spot, always busy and filled with tons of unique breakfast and lunch foods from a "mannossa" and "Dang Quesadilla" to a "Banana Pancakes Foster." It's worth the wait.
- 5. Visit the Top of the World –**
Follow Seth Child to Top of the World Drive where you can see the entire city lit up at night. Try to find campus or your house; it's a little different look at the city than you're used to.
- 6. Stop by The Alumni Center –**
The most perfect, luxurious, and somewhat secretive study spot on campus. You can visit any time, camp out in a quiet meeting room, indulge in finals weeks study snacks, or lounge on the comfy couches right there on the edge of campus.
- 7. Attend \$11 movies at the K-State Student Union-**
Union Program Council brings in awesome relatively new releases (and some classics too) to watch at the Union during the weekend for only one or two bucks.
- 8. Tutor/Get Tutored at Leasure Hall Tutoring Center-**
There is no reason not to get an A. With tutors for almost

- every class you just might find a way to pass Differential Equations.
- 9. Participate in the K-State Telefund-**
This will allow you to raise money for fellow students' scholarships. Pick up a phone and help out the university we all love so much.
- 10. Donate to K-State Proud-**
The T-shirt is always cool, but there is no doubt the knowledge that you helped change a K-Stater's life with a Student Opportunity Award is even cooler.
- 11. Play football in Memorial Stadium-**
There are few things better than getting a group of friends together on a warm spring day and playing football or Frisbee in K-State's former stadium.
- 12. Eat at So Long Saloon for the "Raspberry Bean Dip"-**
This is the best appetizer in Manhattan, and a coupon can be found in your K-State agenda.
- 13. Join the Mortar Board Senior Honor Society-**
You will be able to enhance literacy in underprivileged children's lives, host a Kansas statewide decathlon, all while making some of your closest college friends.
- 14. Pillsbury Crossing-**
On a spring afternoon, grab some friends, a Frisbee and music and head out to the Crossing for a chill day in the sun.
- 15. Grab a Tad's Sno Cone-**
During the spring, Tad's Tropical Sno is a must. Offering hundreds of flavors from "Super Berry" to "Pina Colada," this shaved ice located near Hobby Lobby is the best in the Midwest.
- 16. Duck, Dive or Dodge at the Dodgeball Club-**
Let your class anger loose as you throw balls as hard you like. This is a great workout and one of over 450 organizations you can get involved with on campus.

- 17. Party With Porter's Tacos-**
On Thursday evenings, grab some buddies and eat the cheapest, yet best 50 cent tacos in Aggieville.
- 18. Create a Co-Ed Intramural Softball team-**
Create a co-ed softball team with your roommates and classmates. You can create cheap uniforms for your team and have tons of laughs, as someone will strikeout with the slow pitching headed your way.
- 19. Join Big Brothers Big Sisters -**
Becoming a "Big" may be the most rewarding thing you can do with your time as a student. Kids from ages six and up are looking for that other role model to direct them toward a successful life.
- 20. Visit the Linear Trail-**
Here you can run, bike, walk and much more to a beautiful path around the outskirts of our town.
- 21. Visit Vista Burger-**
A classic that is too often forgotten about. Use your student basketball ticket to get buy one get one for free. Best shakes in Manhattan hands down.
- 22. Live a Day at Living Water Ranch:**
It's worth the drive to see that amazing landscape and rolling hills. A secluded little ranch that is perfect for an overnight retreat.
- 23. Check out Purple Power Play On Poyntz-**
This awesome K-State pep rally to get you revved up for the school year and football season. It also introduces you to several Manhattan businesses and other groups like the Boy Scouts and the Manhattan fire department.
- 24. Fro-yo at Orange Leaf-**
Treat yourself to self-serve frozen yogurt with many toppings to choose from. Oreos, Reese's Pieces, sprinkles. Enough said.
- 25. Hike the Konza Prairie-**
It is beautiful and proves that not everything is flat in Kansas. It's refreshing to get a little exercise too.



26. Crash on the comfy couches and chairs in Hale Library-

We all know that the library is for studying, but when you need a brain break it's also an awesome place for a nap.

27. Check out Country Stampede in the summer-

The biggest and best country artists in our own backyard with lots of sun, fun, and friends to go along with it.

28. Check Out Valentino's College Night Special-

All you can eat Italian buffet for a special student rate with your ID on Sunday nights. Yum. Oh, and their mini corn dogs are the bomb.

29. Try Out and/or Watch K-State Idol-

Amazing karaoke and some awesome original stuff, sometimes with instruments, by your fellow K-State students.

30. Enjoy some cream cheese pizza from Pizza Shuttle-

A great late night treat with friends. Cream cheese on pizza may not sound good, but it totally is a fan favorite.

31. Wake up to coffee at Radina's Coffeehouse & Roastery or Bluestem Bistro-

Two awesome coffee shops unique to Manhattan. They also have great lunches and sweet treats.

32. Be part of an International Service Team-

Take advantage of service-learning experiences abroad during your summer break.

33. Visit some shops on Poyntz Avenue-

We all know the mall is a great place to shop but also take the time to check out some stores in our historic downtown.

35. Visit our Insect Zoo-

Just where insects are best viewed - in a zoo. Try identifying bugs or eating chocolate-covered ones at the zoo.

36. Go to a Cadence Acapella Group concert-

A breakout from the amazing Men's Glee Club, this group makes the girls swoon with their spectacular harmonies and killer beat-boxing.

37. Eat Happily at Harry's –

On a night when you're willing to splurge, they have the best fillet mignon and mashed potatoes. Very classy and delicious. Perfect for a dress up night with friends, fancy date, or free dinner when your parents are in town.

38. Become a Student Governing Association Officer-

Whether it is student body president, senator or attorney general, run for an office that can change K-State for the better.

39. Go sledding at CiCo Park-

When you're cooped up inside because of the snow, grab

some friends and a sled or trash bag to have a sledding adventure.

40. Rub the Wildcat's Nose-

Stock traders rub the bull's nose at Wall Street for good luck. Here at K-State, go rub the bronze wildcat at the Alumni Center for the same thing.

41. Check out Tuttle Creek Lake-

You can get your sun on, boat, fish and even camp. You can also rent canoes at the rec to enjoy a day on the water.

42. Plan a Road Trip-

Take a road trip with a group of friends to the bronze athletic event or to a friend's house.

43. Go to New Year's Eve in Aggieville-

Watch the Apple Drop in Aggieville to celebrate the New Year as live bands perform and New Year's resolutions are being formed.

44. Snack on Call Hall Ice Cream-

Grab some "Wildcat" ice cream from Call Hall after class. The homemade purple colored ice cream is next to none.

45. Order Hunam Express-

Few things taste greater than Hunam Express' General's Chicken after Aggieville closes. Disclaimer: Few things taste worse than next morning.

46. Skydive over Kansas-

Join the K-State skydiving club. You will have the thrill of a lifetime while also receiving a

major student price decrease on your jump.

47. Bowl in the Union-

Spare some extra time to go do one of the most fun things at K-State. The Union bowling alley has many specials, including \$1 bowl and beverages nights.

48. Get a professional back massage-

Half priced massages are offered daily at the American Massage Academy in West Loop. These massages are the most relaxing hour a person can ask for.

49. Devour dessert at the Derby Dining Bakery-

The best cinnamon rolls, cookies and cakes are offered from this unique bakery. It is a great way to start off the day.

50. Spend Time With the Spork-

Take a picture with the spork on campus. Spork, you ask? It's the random sculpture outside of King Hall. Always good for a random laugh.

Mortar Board, Inc. is a national honor society that recognizes college seniors for distinguished ability and achievement in scholarship, leadership, and service. Please feel free to visit our website at ksu.edu/mortar-board or contact Jack Mosimann at josimann@ksu.edu.

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• 1500 McCain	• 1722 & 1727 Houtson	• 824 & 1200 Fremont
	• 724 & 1736 Laramie	• 1412, 1521, 1525 Hartford
	• 523 Moro	• 1937 Hayes
	• 701 N. 9th	• 300 Knoxberry
	• 1212 & 1214 Ratone	• 724 Laramie
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kansas state collegian

page 7

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		4	8	3			2
1				5		8	
	7				3	4	
		9				7	
		5	6				1
	5			7			1
8				9	6	2	
			4			6	

Rules: Fill in the grid so that each row, column, and 3x3 block contains 1-9 exactly once.

4	5	6	3	9	2	1	8	7
2	9	1	6	8	7	5	3	4
3	8	7	1	5	4	9	6	2
8	4	5	9	1	6	7	2	3
1	2	9	8	7	3	6	4	5
6	7	3	4	2	5	8	9	1
5	3	4	7	6	9	2	1	8
7	6	8	2	3	1	4	5	9
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Above: An enthusiastic K-State fan climbs up a telephone pole to conduct a K-S-U chant with a large crowd in the middle of Aggieville. A swarm of fans and students engulfed the streets of Aggieville following the men's basketball team's Valentine's Day upset of the top-ranked University of Kansas team. The Wildcats beat the Jayhawks for just the second time since playing in Bramlage Coliseum.



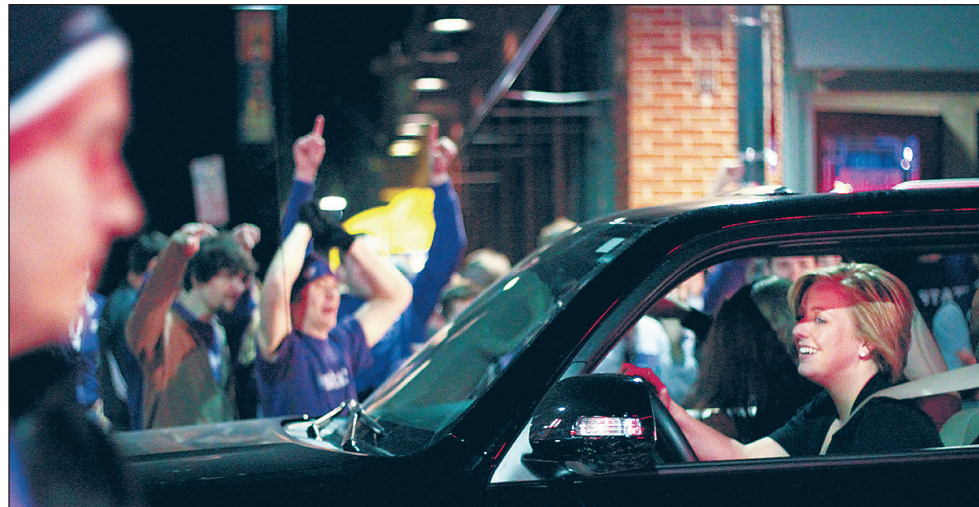
Above: The would-be Willie was promptly apprehended by the Riley County Police upon returning to the sidewalk.

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A clueless male’s guide to tanning: fans, radio available for use

Austin Enns
Copy Editor

I am a man. Therefore, I have never been tanning and I honestly do not plan on ever going tanning. Sorry if that is misogynistic, but it seems as if there is a negative male stereotype about tanning. I am as guilty as any other male, but I am also truly curious about tanning. There are many important things about tanning on which most guys are ignorant. It is unnecessary for guys to make serious tanning no-nos while trying to turn a color besides pasty white. All they need is a little education.

Spencer Null, senior in mechanical engineering, has a horror story typical of the kind that scares many guys away from tanning.

"I was going to Mexico for spring break and I didn't want to burn," Null said. "My friend had a tanning bed, and I decided to go for it."

Unfortunately for Null, he did burn, just not in Mexico.

Brett Engleman, junior in hotel and restaurant management, said he is tanning in preparation for spring break, but is being careful.

"You shouldn't tan anymore if you turn orange," Engleman said. "I've had friends turn orange."

Engleman said there was an extreme case involving a girl who would tan every day because she worked at a tanning salon. Normally, people can get a tan if they go tanning every

other day three to five times a week. Engleman said that people who want to look tan for spring break should start now.

Karen Miner, a Manhattan resident who frequently goes to tanning beds, said uneducated males should be aware of basic hazards, and said there are many precautions guys can take.

"Always put tanning lotion on before and moisturizer after you tan, always wear the protective goggles, always start out with as short a time as possible and work your way up," Miner said.

Miner also said that most people tanning for the first time start at about about seven minutes, but that tanners can go as long as 20 minutes once they get used to it.

Both Miner and Engleman emphasized the importance of having a moisturizer to prevent dry skin. They also said goggles are extremely important to prevent eye damage.

Inside most tanning beds there are buttons that can stop the bed if the heat is too intense. In addition, there are normally fans and radios to keep users comfortable while tanning.

Engleman said that some tanning salons even have stickers in the shapes of hearts, smiley faces and Playboy bunnies in case they want a design tanned on.

Most guys will probably opt out of options like that, but those of you still interested in having a perfect beach body now have all the right tools to get a tan that is not spray on.



A tanning bed at Sun Connection sits empty and clean waiting for the next patron to tan. Jennifer Heeke | Collegian

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03

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WELLNESS GUIDE

SWEAT

Photo Illustration by Lisle Alderton

Five simple exercises for your dorm or living room

Biking in place or jumping rope can avoid trips to gym

Jena Sauber
Staff Writer

If chilly temperatures or a busy schedule keep you from making it to the Peters Recreation Complex, there are still ways to get your daily exercise in. The following workout routine is simple enough for beginners, easy to do in your dorm room or living room, and short enough to squeeze in before your 10:30 a.m. class.

Use Your Textbooks

There are more uses for your textbooks than studying. To strengthen abdominal muscles, lay face up on the ground with knees bent and feet flat on the floor (like you're going to do sit ups). Hold a textbook with both hands directly over your head. Keep your abdominal muscles tight. Then, slowly lift your head and shoulder blades off the towel while lifting the book in the air. Hold for one second, then release. Do three sets of 20. (Workout from shape.com)

Time: under 2 minutes

Tone your arms using your heaviest text book. Hold a heavy book in one hand, with your arm straight at your side. Lift your arm until your book is at shoulder level. Bring it back down.

Repeat 10 times for each arm. (Workout from northwestern.com)

Time: 2 minutes

Bicycle in Place

To work your abs, lay on your back with your knees bent and your arms behind your head. Alternate between bringing your right knee and left elbow together, and your left knee and right elbow together. Repeat at least 10 times on each side.

Time: 1 minute

Take the Stairs

A 150-pound person will burn an average of seven calories per minute when walking up the stairs, versus one calorie per minute when they take the elevator. Walking down the stairs also burns six to seven calories a minute. If you spend five minutes walking up or down the stairs, five days a week, you can be 2.5 pounds lighter in a year. (Workout from livestrong.com)

Time: 5 minutes daily

Jump rope

According to the National Institutes of Health, jumping rope burns about 750 calories per hour. It only requires a jump rope, and is possible to do in your dorm room, living room or garage. Start with three 10-minute periods of jumping through the day, increasing

to five or six 10-minute periods during the day for maximum calorie burning.

Time: 10 minutes at a time

Use Technology

Get together a group of friends and play a dance-oriented video game for an hour. There are workout videos and ideas on YouTube with free videos detailing how to do workouts with everyday items. According to valleynewslive.com, listening to upbeat music can also help intensify workouts by providing motivation and rhythm.

Time: varies

Illustration by Danielle Worthen

Rebel against spring cleaning



Clean



photos courtesy of wikicommons

Like

Stereotypes of college students are as follows: they are constantly drinking, partying, skipping classes and have dorm rooms that are permanently messy. College students are supposed to be messy — or at least that's the stereotype.

Now, be honest. Is your room a mess right now? Maybe there's a few clothes tossed on the floor, books littered across your desk, and your bed is unmade. It's messy, but livable. No one has time to actually deep-clean and organize a room these days, so why do it?

That's the argument I would make to my mother in high school. I never win any arguments with my mother, though. I was trained to either clean my room or ... well, there was no other option. This year is different, though. This year, I'm a first-year college student. A freshman. I don't have to listen to my mother or clean my room. So when the dreaded "spring cleaning" season comes around, I may or may not actually clean. Radical, right?

Although I'd like to say

spring cleaning is a personal decision, I have two other factors that I need to consider: Roommate No. 1, and roommate No. 2.

My roommates are two different types of people. One is highly organized; her bed is always made and her side is always tidy. The other roommate is messy and keeps her things scattered everywhere. MTV's "Room Raiders" hit the nail on the head: the state of a person's room speaks volumes about the room owner's personality.

My organized roommate is obviously an organized person. She has a 4.0 grade-point average and has folders, calendars and organizational tubs neatly tucked into every nook and cranny of our tiny dorm room. Organization, for her, equals success. Would I not owe it to her to have a clean room for her to study in? What about my other roommate? She's also an excellent procrastinator.

So, if you have a messy room, does that mean you are

simply a lazy, dumb procrastinator? Maybe I could take a few pointers from my psychology class and say there are psychological barriers (for instance, negative experiences with cleaning) that could prevent you from wanting to clean. Is it the time factor? What, exactly, is this mystical force that prevents the "normal" college student from leaping for joy when hearing the phrase, "spring cleaning?" "Spring cleaning" always means long hours scrubbing walls or organizing junk in the basement into storage bins, at least in my family. I can say it simply: I hate cleaning. My room is messy. I procrastinate. I grew up cleaning all the time, and now it's time to rebel. So, I encourage you to do the same. Studying in filth is fine. Forget about cleaning. Let the dust bunnies gather and don't worry about organizing your closet. After all, there's always summer to clean.

Katie Reilley is a freshman in life sciences. Please send comments to opinion@spub

Manhattan salons offer dose of Vitamin D through UV therapy



Jennifer Heeke | Collegian

Tanning lotion fill the shelves at Sun Connection. Customers can purchase lotions to use before tanning.

Salons offer oxygen bars, teeth whitening and more

Sam Diederich
news editor

There comes a point in every young man's life when he has to make a decision: Do I write an article on tanning oils for the Wellness Guide, or do I focus on finishing the news section of our fine paper? I am sort of responsible for the news articles, so maybe I should be writing stories "vital" to the function of our democracy. I should get to work on that story about the Leadership Studies building.

No. No, I think I will write an article on tanning oils instead. Your skin tone is more important than Manhattan's news, at least for today (but probably

every day).

Sarah Rauch, owner of Planet Beach, said tanning salons are about more than carefully baking skin. If you listen to her describe her salon — she calls it "the best kept secret in Manhattan" — you would swear she got a bachelor's degree in "relaxation" with a master's in "kicking it."

"We are about so much more than just tanning," Rauch said. "I recommend coming in to get a little UV therapy. It's a great way to get a dose of Vitamin D. We have people coming in here just to do a hydration station." A hydration station? What about tanning oils? I'm supposed to write about tanning oils.

"We're not just about tanning," Rauch said. "We have beauty therapy beds that can

help with different skin problems."

That sounds great. What about tanning oils? I really need to hear about tanning oils. "We have fun and relax," Rauch said. "We have oxygen bars that have different flavors of oxygen. We have teeth whitening."

Wonderful, but what about tanning oils? Wait, did you say oxygen bars?

"They have them in Vegas. It provides more energy, cleanses the system of toxins, and helps maintain a healthy immune system," Rauch said. "It also decreases recovery time for exercise."

Cleanses the system of toxins and decreases exercise recovery time? I know of a tall, ball-

SALONS | pg. W3

Dear emergency room visit: You wasted my time



Lauren Gocken | Collegian

An emergency room doctor reaches into a deep laceration to check for tendon damage at Mercy Regional Health Center.

Emergency room use ranked system, number of cases non-emergency

Hannah Skidmore
staff reporter

You head to the ER in need of immediate medical attention, yet a typical visit to the emergency room is anything but fast.

The New York Times reported that emergency rooms treat 117 million people each year, with the average patient spending three hours there, many of whom have non-emergent health concerns or unnecessary injuries.

The high cost of ER visits and the time-wasted factor of the everlasting waiting rooms add up to uneeded and unwanted inconvenience. That said, there are strategies you can follow that make your trip to the ER easier.

A couple things to note before going to the ER: they

are set up as a "triage system in order to make patients who need urgent care get that care." LeAndrea Grier, Scrub Tech at Mercy Regional Hospital, said.

The arrangement includes an evaluation system that moves certain patients to the "front of the line." Those who have been evaluated and do not have an urgent need wait an average of two hours before seeing a physician.

Also, all emergency rooms are equipped to handle every kind of emergency, and emergencies are ranked Level 1, 2 or 3.

Those ranked Level 3 are the most inclusive facilities with high-tech equipment and specialists on site at all times, whereas levels 1 and 2 do not need the specialists on hand.

While not necessary, it is wise to find out what emergency services are available in your community before you make a trip to the ER only to be led to another facility.

While it feels like every-

thing on your inside is about to be on the outside, driving X amount of miles to another hospital might be on your agenda. So it is important to know a few things:

First, know if the problem you are dealing with, however painful it is, really calls for the emergency room. The site Webmd.com reported that you should ask yourself if you want to go to the ER because it is necessary or because it is convenient.

Calling your regular doctor could prove to be very beneficial — because they can hear out your symptoms and give you suggestions.

Next, if you have assessed your condition and decide it necessary to go in to the ER, bring a few things with you. I understand that while hauling out the door you are not going to think to grab a jacket, chapstick and the Holy Water.

But keeping some vital information in your purse, purse or wallet is not a bad idea. This information should

include the name of your regular physician and the telephone number. It should state any medical problems (diabetes, high blood-pressure) or allergies you have.

It should also include any prescriptions you are taking and the dosage. An article on TheHealthPages.com suggests an emergency contact would also be helpful for doctors treating you.

This information will help doctors quickly analyze your condition so that you will not have to worry about forgetting particulars during a stressful situation.

But what if you have assessed your condition but are still unsure if it warrants a visit to the ER?

ER visits are unplanned, unpleasant and unwelcome. But with a little cognition and preparation, those dreadful trips can progress a bit more smoothly. Now put this paper down; the person behind you can't see the lecture Powerpoint.

SALONS | Many options available to prepare for spring break vacation

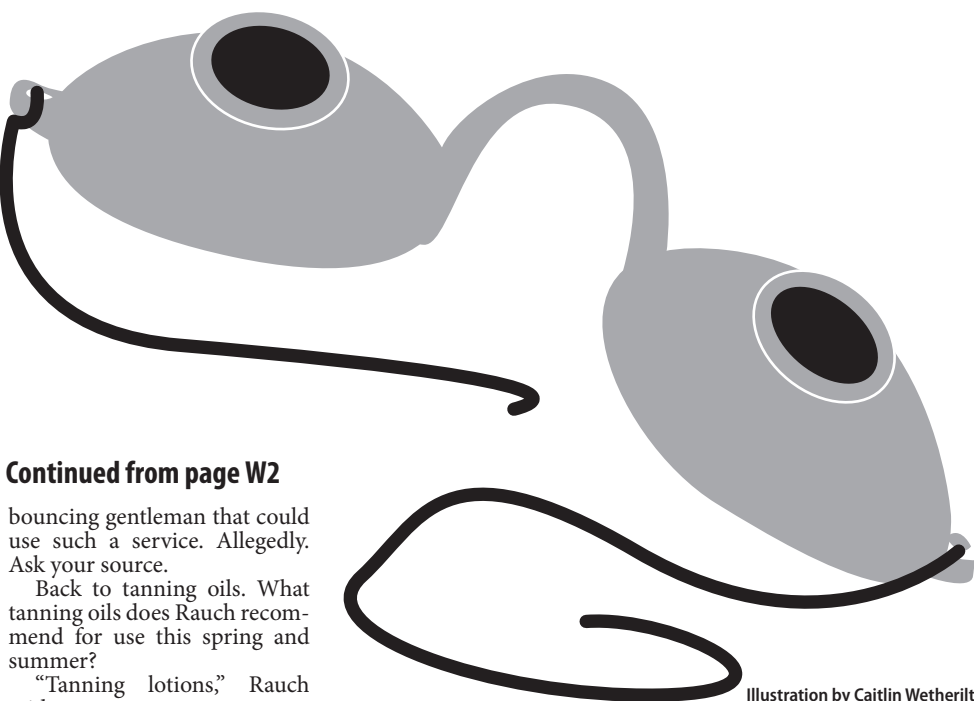


Illustration by Caitlin Wetherill

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bouncing gentleman that could use such a service. Allegedly. Ask your source.

Back to tanning oils. What tanning oils does Rauch recommend for use this spring and summer?

"Tanning lotions," Rauch said.

Not tanning oils? "We don't use anything that contains mineral oil," Rauch said. "Oil sits on top of your skin and it doesn't help to moisturize the skin."

Rauch said the brand of tanning lotion used should depend on the sunning experience of the user.

Daryl Bussen, owner of Pro Fitness, agreed.

"Tanning oil accentuates and holds the heat," he said. "What we recommend is a moisturizer."

Of course, Bussen also had

much more to offer than tanning lotions and beds.

"This is an excellent place to get ready for spring break," Bussen said. "We have a smoothie bar, nutrition services, and the best weight room in town."

Bussen also pointed out that tanning is not for everyone, and first-timers should use caution. "Some people cannot tan," Bussen said. "Someone with red hair might have white skin, and their skin does not produce melanin."

Bussen added that newbies should not be embarrassed about their skin tone. He says his staff has served skin tones from "frozen French fry white" to "very dark brown."

As it turns out, tanning lotions are a very small part of tanning salons. In fact, there isn't much of a place for tanning inside any of Manhattan's salons. It makes you wonder why they would call it a tanning salon. Oh well. On to the story about the Leadership Studies building.

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